



TOUR OF SPEYSIDE

MULTI-STAGE CYCLE ROAD RACE

SATURDAY/SUNDAY 17th-18th JUNE 1989

STAGE 1

The Badenoch Stage

SPONSORED BY

J.K. ROBINSON BUILDING CONTRACTORS
NEWTONMORE
AND

BANK OF SCOTLAND
KINGUSSIE/NEWTONMORE
50 mile Road Race

STAGE 2

The Cairngorm Stage

SPONSORED BY

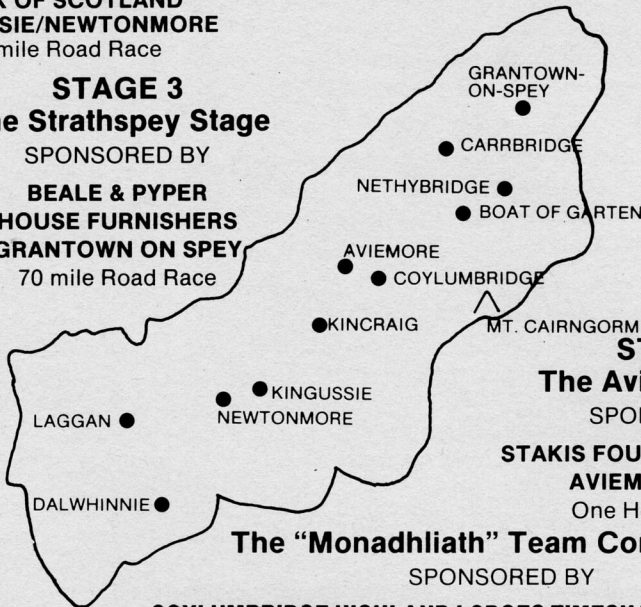
STAKIS COYLUMBRIDGE RESORT HOTEL
AVIEMORE
8 mile Mountain Time Trial

STAGE 3

The Strathspey Stage

SPONSORED BY

BEALE & PYPER
HOUSE FURNISHERS
GRANTOWN ON SPEY
70 mile Road Race



STAGE 4

The Aviemore Stage

SPONSORED BY

STAKIS FOUR SEASONS HOTEL
AVIEMORE CENTRE
One Hour 'Criterium'

The "Monadhliath" Team Competition

SPONSORED BY

COYLUMBRIDGE HIGHLAND LODGES TIMESHARE DEVELOPMENT

"Osprey Challenge" Points Competition

SPONSORED BY

STAKIS BADENOCH HOTEL
AVIEMORE CENTRE

"General Classification" Overall Competition

SPONSORED BY

STAKIS PLC.
AVIEMORE CENTRE

WHAT IS A MULTI—STAGE CYCLE RACE?

Well, the STAKIS Tour of Speyside is based on the Tour de France, albeit, a bit smaller.

Our race has four Stages - two on Saturday and two on Sunday. Each Stage is an independent race.

Stage one - the Badenoch Stage - sponsored jointly by J.K. Robinson, Building Contractors, Newtonmore, and the Bank of Scotland, Kingussie and Newtonmore branches, is a 50 mile massed start road race. A maximum of 60 riders will start and prizes are won by the first six to finish. A time is recorded for every rider. The first three finishers are given a time bonus which is deducted from their time (15 seconds for 1st. place, 10 seconds for 2nd. place and 5 seconds for 3rd. place). The rider with the least time becomes the Race Leader and is presented with a Yellow Jersey which he must wear in the next Stage.

Stage two - the Cairngorm Stage - sponsored by STAKIS Coylumbridge Resort Hotel, is very different. This stage is an 8 mile individual Time Trial where the riders start at one minute intervals and race against the clock from Coylumbridge Hotel to the Ski Car Park at Mount Cairngorm. No time bonuses are awarded on this Stage, only prizes for the six fastest.

The time taken to climb the mountain is added to the Stage one time to produce the General Classification. The rider with the least time becomes the Race Leader and another Yellow Jersey is presented.

Stage three - the Strathspey Stage - sponsored by Beale & Pyper, House Furnishers, Grantown on Spey, is the longest Stage being a 70 mile massed start Road Race. Prizes and time bonuses are won by the first few riders and again the Stage times are added together to produce the 'Gen. Class.' and the Race Leader.

Stage four - the Aviemore Stage - sponsored by STAKIS Four Seasons Hotel, is run round the Aviemore Centre for one hour. The circular road will be closed to other traffic but should there be an emergency (fire or ambulance) the race would be stopped and the road opened. The race is a massed start with prizes and time bonuses awarded to the first few riders. Once the Race Officials have done their sums and produced the final 'Gen. Class.' a worthy winner will emerge.

Two other competitions will be running during the race. The 'Osprey Challenge' points competition - sponsored by STAKIS Badenoch Hotel, is an individual competition based on points won at select places during Stages one, three and four, and for the fastest times over the first five miles of Stage two. The Leader in the points competition can be recognised by the Green Jersey. Time bonuses are also awarded which go towards the 'Gen. Class.' competition.

The other competition is the 'Monadhliath' team competition - sponsored by Coylumbridge Highland Lodges Timeshare Development. A team consists of four riders. The race times of the best three in every Stage are added together and the winners are the team having the least time after the four Stages.

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TOUR OF SPEYSIDE
45 GRAMPIAN ROAD, AVIEMORE

STAKIS TOUR OF SPEYSIDE

STAGE DETAILS

STAGE 1. THE BADENOCH STAGE - sponsored by:

J.K. Robinson, Building Contractors, Newtonmore.

Bank of Scotland, Kingussie/Newtonmore.

Start 10.00am Saturday 17th June 1989 at the Aviemore Centre. B970 to Kincairaig. B9152 to Kingussie. A86 to Newtonmore and Laggan. Unclassified road to Glentruim. A9 and B9150 to Newtonmore. A86 to Kingussie. B9152 to Kincairaig, Aviemore to finish at Aviemore Centre - distance 50 miles.

STAGE 2. THE CAIRNGORM STAGE - sponsored by:

STAKIS Coylumbridge Resort Hotel, Aviemore.

Start 3.00pm Saturday 17th June 1989 at Coylumbridge Hotel. Finish at Ski Car Park, Mount Cairngorm. Individual Time Trial - distance 8 miles.

STAGE 3. THE STRATHSPEY STAGE - sponsored by:

Beale & Pyper, House Furnishers, Grantown on Spey.

Start 9.00am Sunday 18th June 1989 at Aviemore Centre. B9152, A95, B9153 to Carrbridge. A938, A95 to Grantown on Spey. Twice round an 8 mile circuit via Cromdale and Grantown on Spey. B970 to Nethybridge. Detour past Loch Garten. B970 to Boat of Garten. A95 to Kinveachy. B9153 to Carrbridge. A938 to Dulnain Bridge. A95 to Kinveachy. B9152 to Aviemore to finish at Aviemore Centre - distance 70 miles.

STAGE 4. THE AVIEMORE STAGE - sponsored by:

STAKIS Four Seasons Hotel.

Start 3.00pm Sunday 18th June 1989 at the Aviemore Centre. Race round the 0.8 mile circular road within Aviemore Centre - distance 1 hour.

OTHER COMPETITIONS

'OSPREY CHALLENGE' - points competition - sponsored by:

STAKIS Badenoch Hotel, Aviemore Centre.

Points and time bonuses awarded for Primes and Hotspots.

'MONADHLIATH' - team competition - sponsored by:

COYLUMBRIDGE HIGHLAND LODGES TIMESHARE DEVELOPMENT.

3 riders to count from a 4 man team.

'GENERAL CLASSIFICATION' - Yellow Jersey competition - sponsored by:

STAKIS HOTELS, Aviemore Centre.

Overall individual result.

STAKIS TOUR OF SPEYSIDE 1989

COMPETITORS

SCOTLAND/STAKIS FOUR SEASONS HOTEL

- | | |
|--------------------|--------------------------|
| 1 Peter Cook | Dunedin/Macdonald Cycles |
| 2 Andrew Mathieson | Musselburgh Roads CC |
| 3 Graham McGarrity | Scotia CC/Stewart Gauges |
| 4 Fergus Watt | Albany Whls./C.R. Smith |

GREAT BRITAIN FIRE SERVICE/ HIGHLANDER HOTEL, NEWTONMORE

- | | |
|--------------------|-------------------------------|
| 5 Stuart Addie | Johnstone Whls/Dooleys Cycles |
| 6 Kenneth Allan | Johnstone Whls/Dooleys Cycles |
| 7 Les Muir | Johnstone Whls/Dooleys Cycles |
| 8 Neil Stainthorpe | Mercury RT/Bentley Cycles |

NORTH OF SCOTLAND C.A./

CALEY MARINA & CHANDLERY

- | | |
|-----------------|-----------------------------------|
| 9 Ivor Reid | Clachnacuddin CC |
| 10 Ewan Gordon | Moray Firth RT/Bikes of Inverness |
| 11 Kenny Riddle | Moray Firth RT/Bikes of Inverness |
| 12 Roddy Riddle | Moray Firth RT/Bikes of Inverness |

V.C. OLYMPIA/STEWART WILSON CYCLES

- | | |
|------------------|----------------------------------|
| 13 Robert Aitken | VC Olympia/Stewart Wilson Cycles |
| 14 Neil Cameron | VC Olympia/Stewart Wilson Cycles |
| 15 Keith Mailer | VC Olympia/Stewart Wilson Cycles |
| 16 John Miller | VC Olympia/Stewart Wilson Cycles |

G.S. MODENA/M&M WINDOWS

- | | |
|----------------------|-----------------------|
| 17 David Gibson | GS Modena/M&M Windows |
| 18 Callum MacGregor | GS Modena/M&M Windows |
| 19 Stewart Whittle | GS Modena/M&M Windows |
| 20 Martin Williamson | GS Modena/M&M Windows |

C.C. BOWLAND/

STAKIS COYLUMBRIDGE RESORT HOTEL

- | | |
|------------------|------------|
| 21 Martin Andrew | CC Bowland |
| 22 Philip Leigh | CC Bowland |
| 23 Glen Price | CC Bowland |
| 24 Jeff Wright | Tyne Velo |

ABERDEEN WHEELERS CC

- | | |
|---------------------|----------------|
| 25 Martyn Brown | Aberdeen Whls. |
| 26 Robert Cowie | Aberdeen Whls. |
| 27 Philip Duncan | Aberdeen Whls. |
| 28 George Findlater | Aberdeen Whls. |

GLASGOW SELECT

- | | |
|---------------------|----------------------|
| 29 Stephen Campbell | Glenmarnock Whls. |
| 30 John Weldon | Glenmarock Whls. |
| 31 Neil Macleod | Glasgow Whls./T.S.B. |
| 32 Steven Wyllie | Glasgow Whls./T.S.B. |

DUNEDIN C.C./MACDONALD CYCLES

- | | |
|-------------------|-----------------------------|
| 33 Ian Dobbie | Dunedin CC/Macdonald Cycles |
| 34 Murray Hogg | Dunedin CC/Macdonald Cycles |
| 35 Marco Librizzi | Dunedin CC/Macdonald Cycles |

DUNFERMLINE & DISTRICT C.C.

- | | |
|------------------|------------------------|
| 36 Brendon Roe | Dunfermline & Dist. CC |
| 37 Sandy Russell | Dunfermline & Dist. CC |
| 38 Grant Smith | Dunfermline & Dist. CC |

G.S. CORSA/LASALLE/JVC

- | | |
|----------------------|----------------------|
| 39 Malcolm Pritchard | GS Corsa/Lasalle/JVC |
| 40 Norman Skene | GS Corsa/Lasalle/JVC |
| 41 Gary Yeats | GS Corsa/Lasalle JVC |

V.C. DE L'AVENIR/PEUGEOT

- | | |
|---------------------|------------------------|
| 42 Tony Hastie | VC De L'Avenir/Peugeot |
| 43 Richard McDonald | VC De L'Avenir/Peugeot |
| 44 Ian Watson | VC De L'Avenir/Peugeot |

SCOTIA C.C./STEWART GAUGES

- | | |
|-----------------|--------------------------|
| 45 Andrew Ferry | Scotia CC/Stewart Gauges |
| 46 Martin Ferry | Scotia CC/Stewart Gauges |
| 47 Allan McCrae | Scotia CC/Stewart Gauges |

ROYAL AIR FORCE CC/ THE LODGE HOTEL, NEWTONMORE

- | | |
|----------------|--------|
| 48 Tom Gibson | RAF CC |
| 49 John Samuel | RAF CC |
| 50 Toby Thomas | RAF CC |

FIFE/EAST

- | | |
|--------------------|-------------------------|
| 51 Steve Beech | Albany Whls./C.R. Smith |
| 52 Andrew Davies | Albany Whls./C.R. Smith |
| 53 Alan Clyne | Hawick CC/Bantel |
| 54 David Henderson | Hawick CC/Bantel |

COMPOSITE 'A'

- | | |
|---------------------|-------------------------------|
| 55 Mark Illingworth | Johnstone Whls/Dooleys Cycles |
| 56 Andrew Young | Johnstone Whls/Dooleys Cycles |
| 57 Tom O'Neill | Inverclyde Velo |

COMPOSITE 'B'

- | | |
|----------------------|------------------|
| 58 Martin Coll | Ace RT/Peugeot |
| 59 Michael Howieson | Clachnacuddin CC |
| 60 Andrew Sutherland | Cairngorm CC |

RESERVES

- | | |
|---------------------|--|
| 61 Martin Schofield | Stirling University |
| 62 James Eadie | Lanark Valley CC |
| 63 Thomas Forbes | Wallacehill CC/AOS/Olympia |
| 64 Alister Watt | Aberdeen Whls |
| 65 Kenneth Russell | Strathclyde Univ. CC/
Campus Travel |
| 66 Chris Clinkscale | Edinburgh RC |
| 67 Robert McGonigal | Greenock RC |
| 68 Peter Ettles | Forres CC |
| 69 Alex Miller | GS Modena/M&M Windows |

NOTE Antony Stirrat/Roddy Riddle reserves for Scotland

Michael Howieson reserve for NoSCA. Alister Watt reserve for Aberdeen Whls.

SENIOR RACE OFFICIALS

Chief Commissaire	Tom Bruce	Ayr
Chief Judge	Dick Londragan	Aberdeen
Timekeeper	Sandra Laverty	Aviemore
Clerk of the Course	Sam Crymble	Aviemore
Protocol	Dennis Speight	Fife
Announcer	John MacMillan	Inverness
Liaison Officer	Iain Miller	STAKIS HOTELS.
Organiser	Colin Horn	10 Strathspey Drive
		Grantown on Spey
		Morayshire PH26 3EY

Plus 40 other Officials, Marshalls, Drivers and Helpers.

ACKNOWLEDGEMENTS

The Cairngorm Cycling Club is indebted to the following, whose help in many ways have made this event possible.

STAKIS HOTELS, Aviemore Centre.

STAKIS Badenoch Hotel.

STAKIS Coylumbridge Resort Hotel.

STAKIS Four Seasons Hotel.

Coylumbridge Highland Lodges Timeshare Development.

Beale & Pyper, House Furnishers, Grantown on Spey.

J.K. Robinson, Building Contractors, Newtonmore.

Bank of Scotland, Kingussie/Newtonmore.

A. & N. Smith, Motor Engineers, Grantown on Spey.

Cluny Hill School of Motoring, Forres.

J. Ross & Co. The Garage, Dulnain Bridge.

Badenoch Land Management.

Cairngorm Chairlift Co. Ltd.

Rothiemurchus Estate.

Northern Office Technology, Inverness.

The Lodge Hotel, Newtonmore.

Highlander Hotel, Newtonmore.

Highland Regional Council.

Badenoch & Strathspey District Council.

Strathspey Round Table.

McEwan's LA

Police - Badenoch & Strathspey Sub-Division.

Cycle sport, in common with most other sports, has its own language, here are a few of the words that our Announcer may use:-

Break	A small group of riders that accelerate away from the main bunch of competitors.
Bunch	Main group of riders in the race. Also called the pack or the peloton.
Commissaire	The official or referee who is in charge of a cycle race.
criterium	A race held on a short circuit in a town or village.
Echelon	Term used to explain the slanting line of racers to combat a cross-wind.

General Classification

(or G.C.)	Overall positions in a stage race decided by the total accumulated time of each rider on each stage. The Leader on G.C. wears the Yellow Jersey.
Green Jersey	Racing jersey awarded to the rider who has accumulated the largest number of points.
HOT SPOT	A sprint during a race for which points are awarded.
Prime	French word (pronounced 'preem'). A sprint at the top of a hill for which points are awarded.
Broom Wagon	Vehicle that follows the last group of riders in case one has to quit the race.
Time Trial	Race in which each competitor rides alone and is timed over a set distance, with the winner being the one who has the shortest time.

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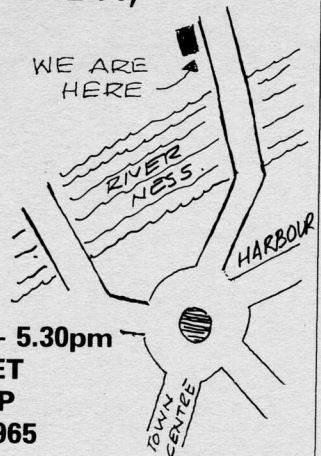
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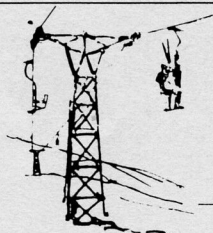
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We wish it all success



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*The Cairngorm Chairlift Co. Ltd. sportingly
issues the following challenge to the
TOUR OF SPEYSIDE competitors
£50 to the winner of Stage 2 the 8 mile
Mountain Time Trial from Coylumbridge to the
Ski Car Park, Mt. Cairngorm providing the
record time of 26minutes 0seconds, held jointly
by David Gibson and Finlay Gentleman
is broken.*